



elantan[®] long

isosorbide mononitrate

Long-term treatment of coronary heart disease and congestive heart failure

Presentation:

Each brown/flesh opaque hard gelatin capsule **elantan[®] long** contains isosorbide mononitrate 50 mg in white pellets which are specially formulated to release 30 % of the active substance immediately (initial dose) and the remaining 70 % of the active principle in sustained release formulation (maintenance dose).

Indications:

- Long-term treatment of coronary heart disease
- Prophylaxis of angina pectoris
- Posttreatment of myocardial infarction with persisting anginal symptoms
- Long-term treatment of chronic congestive heart failure in combination with digitalis and/or diuretics.

Contra-Indications:

The drug should not be administered in cases of

- acute circulatory failure (shock, vascular collapse)
- severe hypotension
- acute myocardial infarction with low filling pressures, except in intensive care units with continuous haemodynamic monitoring.

Side-effects:

At the beginning of the treatment nitrate headache may occur, but experience has shown that this usually subsides after a few days of continuous intake. Lowering of the blood pressure, dizziness and an increase in heart rate may occur during the first days of treatment. Other possible side-effects are nausea, vomiting and erythema (flush).

Side effects may be potentiated and reaction capacity reduced if alcohol is consumed during treatment.

Interactions with other agents:

Concomitant therapy with other vasodilators, calcium antagonists, antihypertensives, tricyclic antidepressants and alcohol may potentiate the hypotensive action of the drug.

Dosage and administration:

For oral administration. For initial therapy and in long-term treatment, unless otherwise prescribed, one capsule **elantan[®] long** in the morning to be swallowed whole with a little fluid.

The individual dosage may be increased to two capsules **elantan[®] long** in the morning on the physician's instruction.

Symptoms of circulatory collapse may arise after the first dose in patients with labile circulation.

Nitrate headache may also occur. Both symptoms can be largely avoided if the treatment is started with unsustained release **elantan[®] long** (i.e. **elantan[®] 20**) half a tablet in the morning and in the evening.

Precautions:

The drug should not be taken during the first three months of pregnancy except on the instruction of the physician.

The drug is not suitable for the treatment of acute angina pectoris attacks.

Keep medicine out of the reach of children.

Do not store **elantan[®] long** at temperatures above 25° C.

The preparation should not be used after the expiry date.

Package quantities:

elantan[®] long is blister packed in cartons of 20 capsules.